

Can you do a 360 degree drawing?

Sit on a straight backed chair (or swivel chair) in the middle of your room (or garden) and start drawing on a large piece of paper on your lap or easel in front of you. Draw what's directly in front of you. Then gradually turn your chair on the same spot and continue to extend the drawing from where it finished, then turn again and draw again lengthening your work, how far round can you go? Start drawing to the right of your sheet of paper if you are going to turn your chair to the right.

You might add to your paper and make a concertina panorama.

Tip: Look for interesting shapes. Think in terms of shapes and negative shapes and intervals between lines and shapes. Try not to think 'chair, table, door'... they'll become apparent anyway....