

Helen Talbot Biography February 2022

Helen has taught various areas of the visual arts since 1989 at adult, further and higher education in Dorset and Hampshire.

She was in the organising committees of the New Forest Arts Trail and the Lymington Arts Festival for several years until these ceased to exist, where she organised several arts venues, obtained County Council Grants and designed the annual programmes of events.

She works with most drawing and painting media, printmaking and stitched textiles. After studying graphic design and illustration, Helen gained her master's degree in art, design and media from the University of Portsmouth and is a fully qualified teacher in post compulsory education and training.

Early in her career she was a product demonstrator for Rexel Derwent, Daler Rowney and Winsor & Newton.

Whilst she doesn't currently paint to exhibit, her work has been exhibited in open exhibitions including

Royal Institute of Painters in Watercolours

Britain's Painters

Open Dialogue (Textiles)

Towards the Millennium

The Mall Galleries, London

The Westminster Galleries, London

Forest Arts, New Milton, Hampshire

Artsway, Sway, Hampshire

Helen is a firm believer that art should be enjoyed by everyone who has the desire to express themselves in whatever way they choose, however large or small. They should enjoy the process and use the results to inform whatever comes next in their creative journey.

Helen has been an Ambassador for Naomi House & Jacksplace Hospices for Children & Young Adults since it opened in 1998 and is a governor and vice chair at Pennington Infant School.